

**MINUTES:** Healthy Carolinians of Macon County – **Substance Abuse Task Force**

**DATE:** July 22, 2008

**PLACE:** Health and Human Services Building

**TIME:** 9:00 – 11:00 AM

**ATTENDEES:** Breanna Almeida, Brain Almeida, Stephanie Almeida, Rhonda Blanton, Jim Bottomley, Jennifer Garrett, M.R. Hall, Marci Holland, Robert Holland, Larry McDonald, Kathy McGaha, Bob Scott and Patti Tiberi

**FACILITATOR:** Susan Johnson

<b>TOPIC</b>	<b>DISCUSSION</b>	<b>ACTION</b>	<b>FOLLOW-UP</b>
Welcome and Approval of Minutes	Robby Holland welcomed everyone to today's meeting of the Substance Abuse Task Force. Mr. Holland asked the task force members to review the minutes of the last meeting. Stephanie Almeida motioned for the approval of the minutes. Patti Tiberi 2 <sup>nd</sup> the motion, with a unanimous vote for approval.		
Introductions	Kathy McGaha introduced today's speaker – Susan Johnson from Western Center for Prevention Resources. Ms. McGaha said Ms. Johnson will be the facilitator of the future upcoming meetings of this task force.  Ms. McGaha asked each task force member to introduce themselves and tell what organization they represented.		
Presentation of Mental Health Report	Kathy McGaha reported on the presentation of the Mental Health Report that was presented recently to the Board of Commissioners.		
Overview of Strategic Prevention Framework Planning Process	► <i>See attached draft of the Strategic Prevention Framework Planning Process</i>		
Where have we been?	► <i>See attached draft of the Strategic Prevention Framework Planning Process</i>		
Where do we go from here? – Identifying priority needs in the community	► <i>See attached draft of the Strategic Prevention Framework Planning Process</i>		
Wrap-up	► <i>See attached draft of the Strategic Prevention Framework Planning Process</i>		
Next Meeting Date	Following is the schedule for the upcoming meetings of the Substance Abuse Task Force:  Sept. 18 <sup>th</sup> – Angel Medical Center in the ICU Conf. Rm. Oct. 23 <sup>rd</sup> – HHS Building in Meeting Rooms A/B		<b>The meeting scheduled for September 18<sup>th</sup> has been cancelled. The next SATF meeting will be on Oct. 23<sup>rd</sup>.</b>

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TOPIC	DISCUSSION	ACTION	FOLLOW-UP
	Nov. 18 <sup>th</sup> – HHS Building in Meeting Rooms A/B Dec. 18 <sup>th</sup> – HHS Building in Meeting Rooms A/B (HHS – Health and Human Services Building)  All meetings are scheduled from 3:00 PM – 5:00 PM.		

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*Macon County Healthy Carolinians  
Substance Abuse Task Force  
7.22.08*

**Goals for this strategic planning process:**

- See results, effectiveness
- Science-based programs
- Teens in Action – reduce UD and marijuana use, prescription drugs
- Increased awareness of substance use (from signs and symptoms of use to dependency)
- Increased awareness by parents of what kids are doing
- Increased parent involvement
- Increased faculty awareness
- Support positive behaviors by youth
- A comprehensive, community-wide plan with action steps

**Accomplishments in Macon County (including by the task force)**

- School nurses (the perspective they share and the education they can provide)
- Increased awareness of problems of substance abuse has led to the Oxford house and AA/NA programs in jail
- Education of each other
- Implementation of programs for youth (Reality check 101). Programs then expanded to risky behavior program for youth, parents and faculty
- Continued involvement of key players
- Diversity of the task force
- Jail treatment program
- 12 step meetings in jail

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- SAMHSA town hall meeting
- Teens in Action/Teen Institute
- Community Forum
- YRBS collaboration
- Meeting for 6 years

**Identification of problems/areas of need**

Group 1.

<i>Problem</i>	<i>Who it affects</i>	<i>How do you know?</i>
Prescription Drug Abuse	Everyone (youth, adults, everyone)	Personal experience, YRBS, referrals in schools (nurses, counselors and social workers), news – accidental overdose
Underage Drinking	Teens; population in general	YRBS, kids in jail, referrals in schools
Lack of Detox and treatment programs for adults & youth	Individuals, families and communities	Jail census
Doctors and psychiatrists are miss prescribing and knowledgeable about certain drugs	Youth, families, community	Recovering community, School reports

Group 2.

<i>Problem</i>	<i>Who it affects</i>	<i>How do you know?</i>
Prescription Drug Abuse	Community- stores, parents, youth, doctors, pharmacists, elderly	School nurses seeing youth, call from parent, ER, increase in YRBS data (2007), overdoses, SROs
Underage Drinking	Community, Alcohol board, schools	YRBS, arrest record in paper, kids brag about it, increase in teen pregnancy, increase in sexual assault, increased violence (partner), ATF compliance checks, car crashes
Bullying	Schools, community, family	YRBS, school incidents, partner abuse (per SNs), increased gay and lesbian bullying, increased suicide, bullying bill failed due to gay and lesbian part

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Increased depression	School, community, mental health numbers	Increased referral at school to SNs, SWs & early intervention, increased # of elem. kids threatening suicide, increased drug abuse (prescription), lack of resources, lack of parent support, increase in behaviors like cutting and ODs, also risky games like "skittle parties" choking game
Compliance with tobacco free policy on schools (by everyone on campus)	Board of Education, Schools, parents, teens	YRBS, seeing people at football games smoking, increased kids in ATS, repeat offenders for smoking violation at school, TATU - kids talk about violators